



Angus Association of Voluntary Organisations Presents

## Low Cost/No Cost Marketing for Social Enterprises and Charities

Wednesday 8th February 2012,  
12 noon – 2pm  
Angus Centre for Enterprise, Keptie Road, Arbroath

**Are you on a tight budget and need some ideas on marketing your organisation?**

Stephen Gorton, of Fraktul Marketing Consultants, is a Chartered Marketer. Fraktul supports its clients' to win more business by providing strategic marketing support, brand development and on / off-line promotion. They have also helped clients to success in a number of National and Regional Awards. Stephen has worked with some of the UK's leading design and construction organisations helping them to win major contracts. He has also assisted local businesses to win frameworks for Perth & Kinross and Angus Councils.

At this seminar, Stephen will look at Marketing in its widest sense and provide a range of ideas and tools which you can take away and use in your organisation.

This seminar is **free** to attend, and light refreshments will be available. For more information and to book a place, email [katrina.macpherson@aavo.org.uk](mailto:katrina.macpherson@aavo.org.uk) or Telephone 01241 430349.

## Lloyds TSB Foundation for Scotland

Lloyds TSB Foundation has just announced that they will be working in partnership with Evaluation Support Scotland and Pilotlight to deliver capacity building support.

Charities will be considered for capacity building support as a result of successfully applying for funding through the Foundation's other award programmes – the Henry Duncan Awards and the Partnership Drugs Initiative. A limited number of charities will be put forward to receive this support as a result of needs being identified during the assessment process for whichever award programme they have applied to. It is entirely up to the charities selected whether they want to proceed with this, and if they decide not to it will have no impact on any other award they may receive.

Evaluation Support Scotland (ESS) will deliver focused evaluation development to help charities understand how to measure the impact of the work they do. They do this using a mixture of practical support and access to resources and tools. ESS has years of experience in supporting Scotland's charities get better at evaluating their work and use the results to improve what they deliver. They have already been working with the Foundation to support some of the charities receiving funding through the Henry Duncan Awards for the last two years, and the feedback on this approach has been extremely positive.

Pilotlight will support charities through the process of planning for growth, development and sustainability. They do this using teams of 'Pilotlighters', who are senior business people whose skills are matched to the needs of individual charities. Pilotlight was set up to address the needs of small charities, and social enterprises, who have expertise to address the needs of their beneficiaries but do not have, or cannot afford to buy the skills to plan strategically for their organisation's future.

## Big Lottery Fund - Good Practice Guides

From information from projects supported by its Young People's Fund programmes, the Big Lottery Fund has published good practice guides for organisations working with young people.

The new publications share learning and practical examples from projects supported by the Young People's Fund, which actively involves young people in planning and delivering youth services. The guides offer ideas, tips and case studies of youth projects from across the UK.

The seven good practice guides, which can be downloaded from the Big Lottery Fund (BIG) website are:

- Encouraging active citizenship
- Actively involving young people
- Reducing anti-social behaviour
- Improving behaviour in schools.
- Reducing cases of young people not in education, employment or training (NEET).
- Working with young carers - lessons from organisations working with this hidden group of young people.
- Working with care leavers

Other guides include:

- How to involve young people in your project
- Engaging young people in evaluation and consultation
- Built-in, not bolt-on: engaging young people in evaluation
- Developing youth activities programmes: issues to consider
- Programmes for young people: what we have learned

You can download the guides at [http://www.biglotteryfund.org.uk/er\\_yp\\_gp.htm](http://www.biglotteryfund.org.uk/er_yp_gp.htm)

## Sportsmatch

Sportsmatch supports grass roots sport projects that encourage participation at community level, especially youth groups.

Sportsmatch is funded by the Scottish Government and administered by Sportscotland. Awards available are between £500 and £10,000 and you can apply at any time.

Any not-for-profit organisation, sports club, local authority, or governing body of sport can apply.

Sportsmatch aims to match commercial business sponsorship on a £ for £ basis and has three primary objectives:

- to encourage businesses to sponsor community sports
- to foster lasting partnerships between business and community sport
- to further develop and improve community access to sport through quality business sponsorships

For further information visit their website and click on funding: <http://www.sportscotland.org.uk/>

## The Stafford Trust

This Trust has given awards in the past to organisations dealing with child welfare, medical research, animal welfare, community projects and adult welfare.

To apply for a grant complete the application form found at [http://www.staffordtrust.org.uk/apply\\_for\\_a\\_grant/](http://www.staffordtrust.org.uk/apply_for_a_grant/). Also send a copy of your latest audited accounts with your application form.

Exclusions include:

- Religious organisations
- Political organisation
- Retrospective grants
- Student personal travel or expeditions
- General appeals or mail shots

Trustees meet twice a year in the Spring and Autumn.

## The John Ellerman Foundation

Founded in 1971 this a general grant making trust which distributes over £4 million annually.

The foundation supports:

- Health and Disability
- Social Welfare
- Arts and Heritage
- Conservation
- Overseas

Further information and guidelines can be found on the Foundation's website at <http://www.ellerman.org.uk/>

The application process is in two stages. Firstly send your last set of audited accounts, annual report and an A4 sheet no more than two pages describing your project.

If you reach the second stage the Foundation will send you an application form to complete.

All correspondence should be sent to:

Barbra Mazur, Grants Manager  
The John Ellerman Foundation  
Aria House

23 Craven Street  
London WC2N 5NS

Tel: 020 7930 8566 (general) 020 7451 1471 (direct)

Fax: 020 7839 3654

Email: [barbra@ellerman.org.uk](mailto:barbra@ellerman.org.uk)

The Foundation will be happy to discuss your application with you on the telephone or by email.

# Angus Community Planning Updates

## Monifieth / Carnoustie Local Community Planning Team

The Monifieth Community Centre Steering Group, with support from the Local Community Planning Team, have recently secured all the necessary funding to appoint consultants to undertake a feasibility study into the proposed Community Centre for the area. This is a significant achievement for the local community. The Consultants' Final Report will be available in Feb 2012.

The Team have recently taken the next steps into establishing a community planning network in the Sidlaw area. Following on from the first 'Success for Sidlaw' event in October 2011 this next event held on 19 January concentrated on identifying key priorities for the area based on the information discussed at the first event, and positive actions were agreed. A number of community representatives are involved and plan to come together again in the spring to update on progress.

The team have been working with the Carnoustie Development Group who recently prompted an investigation the potential for town and village gateways and roundabouts to be used for advertising. Proposals for suitable sites, sponsorship and associated signs at the proposed locations will be brought to Angus Council's Infrastructure Services Committee in early 2012. The group want to maximise the potential of the locations to promote the local towns and attract passers by to visit the burghs.

## Arbroath and Area Local Community Planning Team (LCPT)

The Year of the Light Project was 'Highly Commended' at the Angus Ambassador Awards ceremony in November. The LCPT supported the local community Steering Group to plan and deliver a year long extravaganza to compliment the investment by Angus Council to commemorate the 200<sup>th</sup> anniversary of the Bell Rock Lighthouse. Significant external funding was attracted to the area and there is already anecdotal evidence of a boost to visitor number to the area.

With the support of the LCPT the Arbroath Town Centre Regeneration Group have achieved almost all the aspirations of their first Action Plan which will conclude with the erection of flags and launch of a new visitors magazine early Spring 2012. The LCPT recently conducted a survey of residents and visitors to the area to establish their thoughts on shopping provision in the area. This will be used to inform a new action plan for the group.

The LCPT have also undertaken a large scale public consultation exercise on the proposed play park at Arbroath West Links. The results have helped influence the design and location of the park. The second phase is currently underway and has involved local children deciding on the actual equipment to be installed.



## OSCR News: Charitable Companies & IPS can now convert to SCIO

As from 1st January 2012 existing charitable companies and charitable industrial and provident societies are able apply to OSCR to convert to SCIO form.

The Scottish Charitable Incorporated Organisation (SCIO) is a new legal form for registered Scottish charities. The SCIO is a corporate body which is a legal entity able to enter into contracts, employ staff, incur debts, own property, sue and be sued. There are important differences between being a SCIO and being any other type of body with charitable status in Scotland.

Before applying to become or convert to a SCIO, organisations need to be fully aware of the implications that this form of charitable status brings. Please visit <http://www.oscr.org.uk/about-scottish-charities/scio/> for further information.

OSCR has produced two new SCIO publications specific to charitable companies & IPS wishing to convert to SCIO:

1. A template notice that is to be completed when a charitable company is converting to a SCIO.  
<http://www.oscr.org.uk/publications-and-guidance/template-notice-of-resolution-for-charitable-companies/>
2. An application form for charitable companies or charitable Industrial and Provident Societies (IPS) wishing to convert to a SCIO (Scottish Charitable Incorporated Organisation).  
<http://www.oscr.org.uk/publications-and-guidance/application-form-converting-to-a-scio/>

## Workplace Alcohol and Drugs Workshop

**15<sup>th</sup> February 2012, 9.15am – 1.15pm**  
**Kings Cross, Dundee**

The Scottish Centre for Healthy Working Lives in partnership with Alcohol Focus Scotland and Scottish Drugs Forum has developed a half-day training programme which is designed to give information and guidance to employers to help deal with workplace issues on both alcohol and drugs.

The sessions will enable employers/ managers to create a greater awareness around alcohol and drugs in their workplace and provide them with the knowledge and skills to deal with issues as they arise.

The sessions are delivered by Alcohol Focus trainers and co-ordinated by your Healthy Working Lives Team.

For more information and to book a session, please email Beverley at [hwl.tayside@nhs.net](mailto:hwl.tayside@nhs.net)

## Smoking Cessation Training

NHS Tayside aims to provide a structured approach to providing training at two levels for people wishing to deliver brief advice and support around smoking. All courses are Partnership Action on Tobacco and Health (PATH) approved.

### Raising the Issue of Smoking: Brief Advice

23/02/2012, Ashludie  
02/02/2012, Perth  
21/09/2012, Arbroath  
03/10/2012, Ninewells

### Introduction of Stop Smoking Support

28 & 29 March 2012; 16 & 17 May 2012; 26 & 27 July 2012;  
21 & 22 November 2012 – All at Kings Cross

### Smoking & Alcohol Brief Intervention Training

07/02/2012, Arbroath  
10/05/2012, Ninewells  
03/09/2012, Perth

If you would like more information contact [elvi.guild@nhs.net](mailto:elvi.guild@nhs.net)

# Scottish Information Commissioner's Decisions Training

21<sup>st</sup> March 2012, 1.30pm, Aberdeen

The Campaign for Freedom of Information in Scotland is providing a half day training course. The training will focus on the significant decisions issued by the Scottish Information Commissioner since that last course and also significant Court of Session rulings and decisions issued by the UK Tribunal that have implications for Scottish public authorities.

Visit [www.cfo.org.uk/pdf/sicdecisionsmar12.pdf](http://www.cfo.org.uk/pdf/sicdecisionsmar12.pdf) for further information

## Angus Child Protection Training

### Working with Hostile and/or Unco-operative Families

Date and venue to be confirmed on sufficient numbers of interest being received

Aim of this training is:

- to enable practitioners to recognise hostile, unco-operative and evasive behaviours
- to consider how to manage and deal with ambivalent/ineffective compliance; avoidance/uncooperative behaviour; hostile/threatening behaviour
- to focus on the impact of intervention such behaviour
- to consider how practitioners should behave/respond

### Child Protection Case Conferences and the Child Protection Register

Thursday 15<sup>th</sup> March 2012, Seaton House, Arbroath

Aim of this training is:

- to improve the understanding of the purpose of CP Case Conferences and the Register
- develop an understanding of the processes involved in CP Case Conferences
- to develop staff skills and knowledge to allow participants to be effective in CP Case Conferences and plans to protect children
- to consider what helps and hinders effective interagency working and information sharing assessment and decision making
- to give staff from all agencies an opportunity to consider their role and contribution to the CP process

To attend any of the above Child Protection training contact Jane McEwan at [acpc@angus.gov.uk](mailto:acpc@angus.gov.uk) or telephone 01307 474858

## Managing Stress in the Workplace (Work Positive) Training for Employers

Thursday 23 February 2012 Education Suite, Discovery Point, Discovery Quay, Dundee

The Scottish Centre for Healthy Working Lives is providing Managing Stress in the Workplace (Work Positive) Training for workplaces. Work Positive is a stress risk management resource, developed to support employers to identify and reduce the potential causes of stress in the workplace and is recognised by the HSE as a suitable process to help work towards the HSE Management Standards for Work-Related Stress. This training is free of charge. To book a place please contact [Linda.connolly1@nhs.net](mailto:Linda.connolly1@nhs.net)

## Insight Counselling Workshops

Insight Counselling is a local charity and it is planning to run a series of self help workshops in the Angus area. The workshops are free to those resident in rural Angus and are funded with help from The European Agricultural Fund for Rural Development, Rural Tayside LEADER and the Scottish Government. The workshops are limited to a maximum of 12 participants, so if you are interested please contact Fiona on 01241 447820 (Monday, Tuesday and Thursday only) as soon as possible.

### Building Self-esteem and Self confidence

This workshop is aimed at individuals who would like to build their self-confidence and self-esteem. A healthy self-esteem is the foundation for emotional, physical and social well-being; here an opportunity is provided for participants to gain insight through a variety of ways to help build self-esteem; on the premise that since the feeling of low self-worth is learned, it can be unlearned. Participants will be offered simple practical and innovative ideas for supporting the development and maintenance of healthy self-esteem. It is an 8 week course. The course starts on Monday 07 May until 25 June, 6pm to 8pm in Forfar.

### An introduction into Understanding your Eating

This workshop is aimed at individuals who overeat and who realise that their eating behaviour is driven by emotions rather than hunger. The Understanding Your Eating Programme is not a weight management class. You will not be weighed or advised what to eat. Instead it helps you to explore whether you are eating to deal with your feelings. The course is not suitable for individuals who have a diagnosis of an eating disorder and is for eighteen years and over. It is a 5 week course.

Courses start on Saturday 10 March until 07 April, 1030hrs to 1230hrs in Brechin and another will start on Thursday 26 April until 24 May, 6.30pm to 8.30pm also held in Brechin.

### Anxiety Management Group

This workshop is aimed at individuals who are living with anxiety to the point that it is affecting their ability to live a full and meaningful life. Within a group setting the mechanics of anxiety will be explored: how it affects our physical and mental health: our thinking processes and behaviours and coping mechanisms and skills to reduce and manage anxiety will be learnt and shared. It is a 9 week course.

The course starts on Saturday 12 May until 23 June, 1030hrs to 1230hrs and will be held in Kirriemuir.

### Working with creativity to improve wellbeing

The workshop is aimed at individuals who would like to challenge pre-existing images of themselves. By exploring and experimenting with creativity we can enjoy new experiences of ourselves, challenge self-criticism and gain personal insight.

The course will focus upon learning relaxation exercises, and using different arts mediums such as drawing, painting, and clay to explore creativity and in doing so participants will experience personal insight, reduced feelings of stress and improve feelings of wellbeing. It is a 5 week course.

The course starts Saturday 04 February until 03 March, 1030hrs to 1230hrs and will be held in Kirriemuir.

# Angus Centre for Enterprise Open Day

Angus Centre for Enterprise will be hosting an Open Day event next week to provide information and advice for anyone considering starting up in business. On Thursday 9<sup>th</sup> February from 2- 6pm the Centre will be open to the public to showcase the services offered by Angus Centre for Enterprise and it's many partner organisations.



Stand holders at the open day event will include AAVO, Young Enterprise Scotland, Business Gateway, The Prince's Scottish Youth Business Trust and many more who will be on hand to offer advice about what they can offer to anyone looking to start a new business.

The centre is located in the former College Conference Centre (Esk Building, Keptie Road) and offers a calendar of regular master-classes, events and seminars covering a range of relevant business topics. Booking is not necessary for the Open Day so feel free to drop by for advice on all things enterprise.

Since its launch in September 2011, Angus Centre for Enterprise has provided support and resources for hundreds of business start-ups and established businesses across Angus. Angus College Director of Marketing and Business Growth Kay Gilmour said "Over the last few months we have seen the centre grow and establish itself as the one-stop-shop for enterprise and entrepreneurship in Angus. Our new programme is jam packed with exciting events and I would urge anyone interested in starting their own business to come along to our Open Day."

## Social Enterprise Directory

AAVO in conjunction with Angus Council Economic Development are at present compiling a Social Enterprise Directory of all Social Enterprises in Angus.

If you would like to be included in the new Directory contact Katrina MacPherson on 01241 430349 or by email [katrina.macpherson@aavo.org.uk](mailto:katrina.macpherson@aavo.org.uk)

The Directory, when completed, will be available to access online.



## FREE Training Courses for Third Sector Organisations

The Just Enterprise programme is offering a range of workshops (including finance training, procurement & tendering awareness and a variety of business development topics) in a spread of locations throughout Scotland. Sponsored by the Scottish Government and specifically designed to promote the growth of this country's third sector these events are offered **FREE** of charge for member/employees of third sector organisations.

Visit <http://www.justenterprise.org/learning.php?current=four> to find out more about the range of learning experiences currently on offer and to book your delegate place on the courses of particular interest to you.



## The Social Enterprise Exchange

Social Enterprise Scotland and Social Enterprise UK have joined forces to create what will be the world's largest event in the sector. The Social Enterprise Exchange will take place on Tuesday 27<sup>th</sup> March 2012 at the SECC in Glasgow.

The day will cater for all those working in the public, private and voluntary sectors interested in moving into the social enterprise sphere.

For more information on the programme and booking visit [www.socialenterpriseexchange.com/home/](http://www.socialenterpriseexchange.com/home/)

## Angus Centre for Enterprise

If you are looking to start your own business or if you simply need help to improve your existing business why not go along to one of Angus Centre for Enterprise's FREE interesting and informative courses/workshops.

The Centre's Programme for January to May is now available to view on their website at <http://enterprise.angus.ac.uk/events>.

Workshops include: Hospitality and Tourism, Social Media Marketing; Book-keeping; logos and branding; psychology of Selling.

To book a place contact Pauline on 01241 432722 or visit the website.

## Food Train Supporting Local older people at home

Food Train is a registered charity, voluntary organisation and a social enterprise operating in Dundee. It started in 2010 in Dumfries and Galloway and with the help from the Scottish Government, Community Food and Health Scotland and local authorities now also operates in West Lothian, Stirling and Dundee.

Food Train provides vital services to older people who are no longer able to manage independently through age, ill health, frailty or disability. Food Train provides services such as:

- grocery shopping delivery – volunteers visit customers weekly or less as wished to collect their completed shopping list. Working with local shops, the customer's order is fulfilled and delivered by volunteers on a subsequent day. Volunteers will also unpack the shopping and put away them away for the customer.
- The EXTRA service – provides regular household and home safety support combining a befriending element. Volunteers visit customers monthly doing a variety of jobs, from window cleaning, fridge cleaning, changing light bulbs and small odd jobs which focus on home safety.
- Food Train Friends – provides telephone calls, home visiting and trips out for local older people. Referrals are taken from health and social care staff to ensure the more isolated is reached.

The service is open to older people over the age of 65 years.

For more information on the Food Train visit [www.thefoodtrain.co.uk](http://www.thefoodtrain.co.uk)





# Healthy Working Lives

NHS Tayside Healthy Working Lives team in association with AAVO are pleased to offer workplaces the opportunity to be part of a FREE safety, health & wellbeing network being set up in Angus.

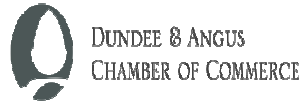
The network will help you to:

- identify safety, health and wellbeing issues for your workplace
- provide access to specialist advice
- provide peer support to make improvements in current performance


Your commitment will be:

- attending up to 6 network events over a six month period (to be scheduled at convenient times for those participating)
- being prepared to share issues and successes with peers in the network
- commitment to wanting to improve safety, health and wellbeing in your organisation

To express an interest or to find out more information please contact Sylvia Mudie NHS Tayside Healthy Working Lives team tel. 01382 424135 or [sylvia.mudie@nhs.net](mailto:sylvia.mudie@nhs.net)



**Living in Arbroath with Diabetes?**



**It's All About FEET!**

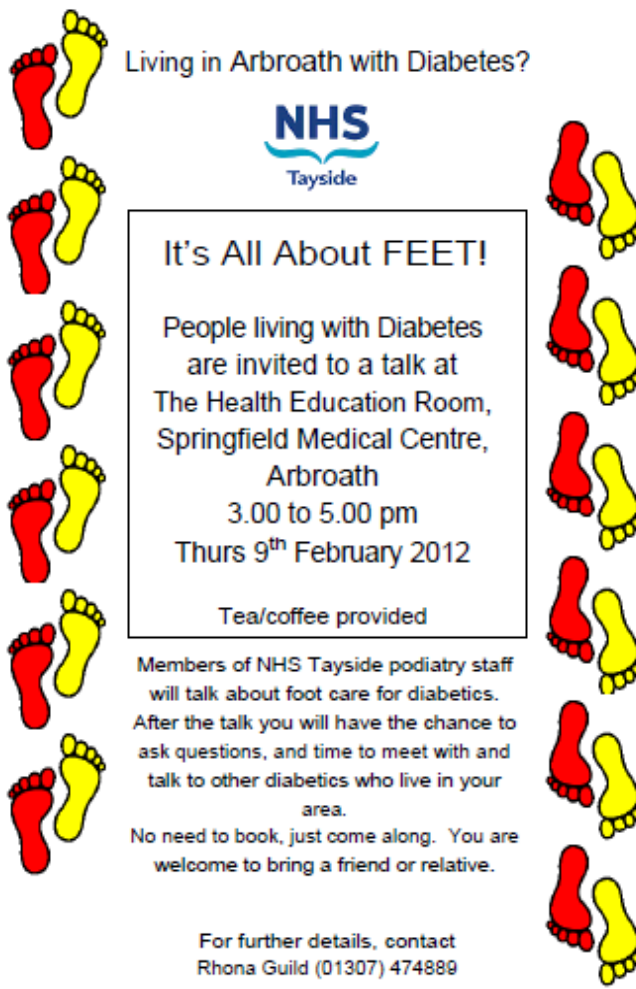
People living with Diabetes are invited to a talk at The Health Education Room, Springfield Medical Centre, Arbroath  
3.00 to 5.00 pm  
Thurs 9<sup>th</sup> February 2012

Tea/coffee provided


Members of NHS Tayside podiatry staff will talk about foot care for diabetics. After the talk you will have the chance to ask questions, and time to meet with and talk to other diabetics who live in your area.

No need to book, just come along. You are welcome to bring a friend or relative.

For further details, contact Rhona Guild (01307) 474889



**Living in the Montrose area with Diabetes?**



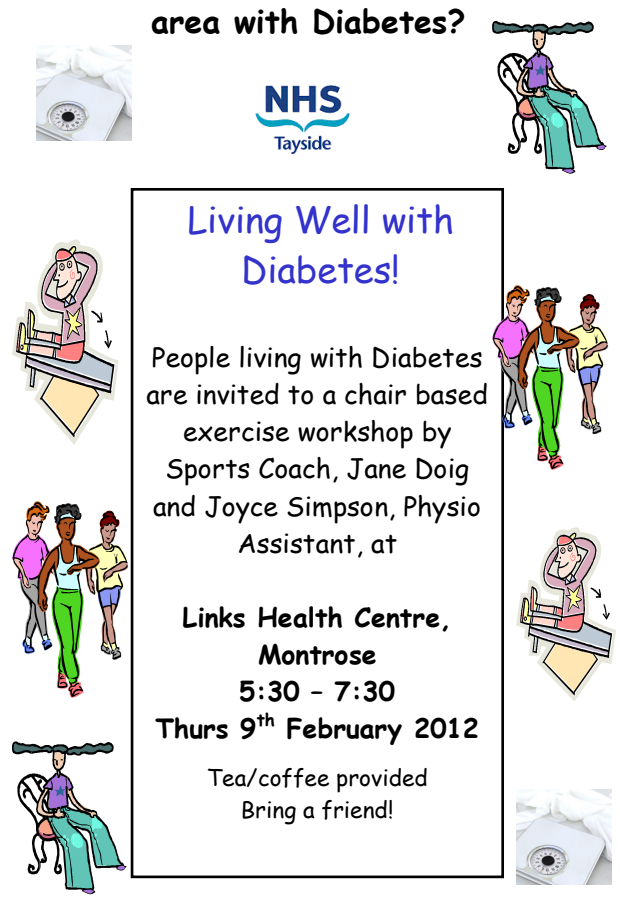
**Living Well with Diabetes!**

People living with Diabetes are invited to a chair based exercise workshop by Sports Coach, Jane Doig and Joyce Simpson, Physio Assistant, at

**Links Health Centre, Montrose**  
5:30 - 7:30  
Thurs 9<sup>th</sup> February 2012

Tea/coffee provided  
Bring a friend!

For further details, contact Rhona Guild (01307) 474889



## Challenging your Condition

This Self management course for is delivered by Arthritis Care in association with Angus CHP and is for anyone with a long term condition, not just for people with arthritis.

The next course is being held at The Meeting Room, Saltire Leisure Centre, 58 Montrose Road, Arbroath on Thursday 23<sup>rd</sup> February 2012. The course is a 6 week course held in the afternoons.

The course will help people manage their long term condition more effectively and enable them to deal with their symptoms and stress through techniques such as exercise, relaxation, problem solving and shared experience with others.

To reserve a FREE place contact Alex on 0845 600 3756 (calls charged at local rate). Alternatively email [alex@arthritiscare.org.uk](mailto:alex@arthritiscare.org.uk)

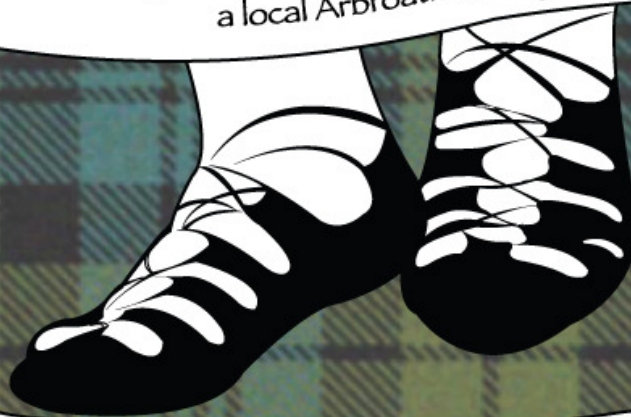
The **BIG** End of "Tartan Week"

# Family Ceilidh Dance

Saturday 7th April

with **The Alba Ceilidh Band**

All proceeds go to Blessings Outreach Project (SCO 39195),  
a local Arbroath charity



THE COMMUNITY CENTRE  
ARBROATH

Doors open 6.15pm  
Ceilidh Starts 7pm - 11.15pm.

Adults	£8
Concessions	£6
Under 18's	£3
Under 5's	FREE



Home-cooked stovies, soup,  
bread, coffees, teas, and cakes.

**B.Y.O.B.**

Tickets available from:

Visit Scotland Information Centre, Discovery Point,  
Riverside Drive, DUNDEE. 01382 527 527

Visit Scotland Information Centre,  
Fishmarket Quay, ARBROATH. 01241 872 609

Cafe Amor, Cafe & Second Hand Bookshop  
261 High Street, ARBROATH. 01241 439 049

For further details, call 01241 439 049 / 01241 871 456  
or e-mail [tartanweekevent@yahoo.co.uk](mailto:tartanweekevent@yahoo.co.uk)



A week of celebrations



Blessings Outreach Project  
SCO 39195



# NOTICEBOARD

## NHS Inform Website

Launched in December 2011, the new Mental Health and Wellbeing zone on the NHS inform website provides a gateway to Scottish-focused information on different aspects of mental health and wellbeing. The zone will also signpost to quality-assured external resources such as websites and self help tools.

The Mental Health and Wellbeing zone is divided into four sections, making information easy to find:

**Mental Wellbeing** – articles on different factors which can affect mental wellbeing such as bereavement, money worries, relationship problems and stress.

**Mental Health Conditions** – information on different mental health conditions, arranged in an easy to follow layout

**Accessing Help** - information on the different types of help available, such as support organisations, different types of talking therapy, self-help tools and medication for mental health conditions. This section aims to give users a start in deciding on the best way to improve their mental health and wellbeing.

**Worried About Someone?** – help and advice for people who are concerned about a friend or family member and would like information on how they may be able to help them with a mental health and wellbeing issue.

Each topic on the zone also has a **Further Information and Support** page so that users know where to go to find out more or seek support.

Visit [www.nhsinform.co.uk](http://www.nhsinform.co.uk)

## Life After Stroke Awards 2012 nominations open!

The Life After Stroke Awards celebrate the achievements of people of all ages who have had a stroke.

They also provide the opportunity to acknowledge the work of carers, volunteers, stroke groups and health professionals who show commitment and compassion in helping those affected by a stroke's impact. Nominations close on 24<sup>th</sup> February 2012. Visit

[http://www.stroke.org.uk/campaigns/life\\_after\\_stroke\\_awards/](http://www.stroke.org.uk/campaigns/life_after_stroke_awards/)

## Engage

The latest copy of Engage, the local community planning newsletter is now available to view online. Hard copies will be available in Access Offices libraries and community centres in due course and are also available on request from your local community planning team.

Visit:

<http://www.angus.org.uk/pdfs/LCPNewsletterFebruary2012.pdf>

## New alliance encourages openness about death

The Scottish Partnership for Palliative Care has launched a new alliance called 'Good life, good death, good grief', which aims to encourage openness in Scotland about death, dying and bereavement.

This Alliance of both people and organisations working together to:

- raise public awareness of ways of dealing with death, dying and bereavement
- promote community involvement in death, dying and bereavement

Anyone interested in this work can join the alliance for free.

You can follow the alliance free on Twitter @LifeDeathGrief and Facebook.

More information is also available at <http://www.goodlifedeathgrief.org.uk/>

## Voluntary Sector Cuts website: help map the impact of cuts

If your funding is being reduced this financial year, please take the time to report it via the Voluntary Sector Cuts website.

The website is a collaborative project which maps intelligence about voluntary groups experiencing reductions in public funding.

Visit <http://voluntarysectorcuts.org.uk/>

## AAVO

61 High Street, Arbroath, DD11 1AN

Tel: 01241 430349 Fax: 01241 439044

Email: [info@aavo.org.uk](mailto:info@aavo.org.uk) Web: [www.aavo.org.uk](http://www.aavo.org.uk)

Registered Scottish Charity: SC011115

Company Limited by Guarantee: 382332

## Deadline for next AAVO Newsletter Friday 30<sup>th</sup> March 2012

The AAVO Newsletter is produced by the Angus Association of Voluntary Organisations. While every effort is made to ensure the accuracy of information in each issue, AAVO is not responsible for any errors, and/or omissions that may occur. The views of any contributors to this newsletter do not necessarily reflect the views of AAVO, its Executive Management Committee, sub-committees, advisors or staff.